

Outdoor Championship Participant Manual

University of New Orleans Tad Gormley Stadium May 12-14, 2017

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Southland Conference 2017 Outdoor Track and Field Championship University of New Orleans Host - Tad Gormley Stadium

Awards presented immediately after completion of each event

	Friday	, May 12	2		NG EVENTS	TA7	Tr: -1-
	_			3:00 p.m.	1500M	Women	Trials
<u>COMBIN</u>	NED EVENTS			3:15 p.m.	1500M	Men	Trials
9:30 a.m.	100M	Men		3:30 p.m.	100M Hurdles	Women	Trials
	Long Jump	Men		3:50 p.m.	110M Hurdles	Men	Trials
	Shot Put	Men		4:05 p.m.	400M	Women	Trials
	High Jump	Men		4:25 p.m.	400M	Men	Trials
	400M	Men		4:45 p.m.	100M	Women	Trials
10:30 a.m.	100M Hurdles	Women		5:05 p.m.	100M	Men	Trials
	High Jump	Women		5:25 p.m.	800M	Women	Trials
	Shot Put	Women		5:40 p.m.	800M	Men	Trials
	200M	Women		5:55 p.m.	400M Hurdles	Women	Trials
	_			6:20 p.m.	400M Hurdles	Men	Trials
FIELD E	<u>VENTS</u>			6:40 p.m.	200M	Women	Trials
10:00a.m.	Discus	Men	Finals	7:05 p.m.	200M	Men	Trials
1:00 p.m.	Long Jump	Men	Finals	7:30 p.m.	3000M SC	Women	Finals
1:30 p.m.	Discus	Women	Finals	7:50 p.m.	3000M SC	Men	Finals
3:30 p.m.	Long Jump	Women	Finals		C 1	N	
4:00 p.m.	Pole Vault	Women	Finals		Sunday, I	way 14	
4:30 p.m.	Javelin	Women	Finals				
D. I. I. II.				FIELD E			
	NG EVENTS			10:00 a.m.	Hammer	Women	Finals
7:30 p.m.	10,000m	Women	Finals	10:00 a.m.	High Jump	Men	Finals
8:10 p.m.	10,000m	Men	Finals	11:00 a.m.	Pole Vault	Men	Finals
				12:30 p.m.	Hammer	Men	Finals
	Saturday,	May 13		12:30 p.m.	High Jump	Women	Finals
COMBIN	NED EVENTS			RUNNIN	IG EVENTS		
9:00 a.m.	110m Hurdles	Men		12:00 p.m.	4x100m Relay	Women	Finals
9.00 a.m.	110III 11uIuIus	MICH					1
	Discus	Mon		12:10 p.m.	4x100m Relay	Men	Finals
	Discus Polo Vault	Men Men		12:10 p.m. 12:20 p.m.	4x100m Relay 1500M	Men Women	Finals Finals
	Pole Vault	Men		-	•		
	Pole Vault Javelin	Men Men		12:20 p.m. 12:30 p.m. 12:40 p.m.	1500M	Women	Finals
10:00 a m	Pole Vault Javelin 1500m	Men Men Men		12:20 p.m. 12:30 p.m.	1500M 1500M	Women Men	Finals Finals
10:00 a.m.	Pole Vault Javelin 1500m Long Jump	Men Men Men Women		12:20 p.m. 12:30 p.m. 12:40 p.m.	1500M 1500M 100M Hurdles	Women Men Women	Finals Finals Finals
10:00 a.m.	Pole Vault Javelin 1500m Long Jump Javelin	Men Men Men Women Women		12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m.	1500M 1500M 100M Hurdles 110M Hurdles	Women Men Women Men	Finals Finals Finals Finals
10:00 a.m.	Pole Vault Javelin 1500m Long Jump	Men Men Men Women		12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M	Women Men Women Men Women	Finals Finals Finals Finals Finals
	Pole Vault Javelin 1500m Long Jump Javelin 800m	Men Men Men Women Women		12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M	Women Men Women Men Women Men	Finals Finals Finals Finals Finals Finals Finals
FIELD E	Pole Vault Javelin 1500m Long Jump Javelin 800m	Men Men Women Women Women	Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 100M 800M	Women Men Women Men Women Men Women	Finals Finals Finals Finals Finals Finals Finals Finals
<u>FIELD E</u> 3:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump	Men Men Women Women Women	Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:40 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 100M 800M 800M	Women Men Women Men Women Men Women Men	Finals Finals Finals Finals Finals Finals Finals Finals Finals
FIELD E 3:00 p.m. 4:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin	Men Men Women Women Women	Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:50 p.m. 1:50 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 100M 800M 800M 400M Hurdles	Women Men Women Men Women Men Women Men Men Women Men Women Men Women	Finals
FIELD E' 3:00 p.m. 4:00 p.m. 5:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump	Men Men Women Women Women	Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 100M 800M 800M 400M Hurdles 400M Hurdles	Women Men Women Men Women Men Women Men Women Men Women Men Men Men	Finals
FIELD E 3:00 p.m. 4:00 p.m. 5:00 p.m. 6:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump Shot	Men Men Women Women Women Men Men Men Men	Finals Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m. 2:10 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 400M Hurdles 400M Hurdles 200M	Women Men Women	Finals
FIELD E' 3:00 p.m. 4:00 p.m. 5:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump	Men Men Women Women Women	Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m. 2:10 p.m. 2:20 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 400M Hurdles 400M Hurdles 200M 200M	Women Men Men Men Women	Finals
FIELD E 3:00 p.m. 4:00 p.m. 5:00 p.m. 6:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump Shot	Men Men Women Women Women Men Men Men Men	Finals Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:30 p.m. 1:30 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m. 2:10 p.m. 2:20 p.m. 2:30 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 400M Hurdles 400M Hurdles 200M 200M 5000M	Women Men Women	Finals
FIELD E 3:00 p.m. 4:00 p.m. 5:00 p.m. 6:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump Shot	Men Men Women Women Women Men Men Men Men	Finals Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m. 2:10 p.m. 2:20 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 400M Hurdles 400M Hurdles 200M 200M 5000M 5000M	Women Men	Finals
FIELD E 3:00 p.m. 4:00 p.m. 5:00 p.m. 6:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump Shot	Men Men Women Women Women Men Men Men Men	Finals Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:40 p.m. 1:50 p.m. 2:00 p.m. 2:10 p.m. 2:20 p.m. 2:30 p.m. 2:30 p.m. 2:40 p.m. 3:05 p.m. 3:25 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 800M 400M Hurdles 400M Hurdles 200M 200M 5000M 5000M 4x400M Relay	Women Men Women	Finals
FIELD E 3:00 p.m. 4:00 p.m. 5:00 p.m. 6:00 p.m.	Pole Vault Javelin 1500m Long Jump Javelin 800m VENTS Triple Jump Javelin Triple Jump Shot	Men Men Women Women Women Men Men Men Men	Finals Finals Finals	12:20 p.m. 12:30 p.m. 12:40 p.m. 12:50 p.m. 1:00 p.m. 1:10 p.m. 1:20 p.m. 1:30 p.m. 1:30 p.m. 2:00 p.m. 2:00 p.m. 2:10 p.m. 2:20 p.m. 2:30 p.m. 2:30 p.m. 2:40 p.m.	1500M 1500M 100M Hurdles 110M Hurdles 400M 400M 100M 800M 800M 400M Hurdles 400M Hurdles 200M 200M 5000M 5000M	Women Men	Finals

CHAMPIONSHIP ADMINISTRATION & CONTACT INFORMATION

Derek Morel	UNO Director of Athletics	(504) 280-7254 office
Chad Culver	Meet Organizer	(423) 827-4977 cell C2sports@aol.com
Mike Armstrong	Officials' Coordinator	(479) 530-4086 cell michtarm@gmail.com
Kirsten Elleby	Assistant AD/SWA	(443) 414-9364 cell (504) 280-6392 office
Benjamin Dalton	UNO Head Coach	(504) 280 – 1194 office (305) 297-3402 cell
Eric Flores	UNO Assistant Track & Field Coach Asst. Meet Manager	(605) 673-9006 cell
Adam Carlisle	UNO Assistant Track & Field Coach	(318) 415-9347 cell
Jason Vermilloin	UNO Assistant Director Facilities	(772) 559-2799 cell
Pete Aune	UNO Assistant Athletic Trainer	(989) 619-0591 cell
Dr. Suri	UNO Team Physician	(504)-736-4800 office
Richie Weaver	UNO Director of Athletic Communications	(504) 280-6284 office (504) 352-5802 cell
Jacob Ludwikowski	Associate AD/External	(504) 723-9389 cell
Meagan Steinmetz	UNO Director of Athletic Ticketing	(504) 280-4263 office
Timing Group	Adkins Track-Byron Turner	(225) 892-3489 info@redstixtiming.com

Southland Conference

Commissioner	Tom Burnett	972-422-9500 x101 office
Associate Commissioner	Bruce Ludlow	972-422-9500 x106 office
	Championship Director	214-394-7522 cell
Media Services	Travis Day	972-422-9500 x108 office
		570-490-9702 cell
Assistant Director/Operations	John Payne	972-422-9500 x 113 Office
_	-	214-208-0888 cell

Championship Website Southland.org

SCHEDULE OF EVENTS

Monday, April 24, 2017

Outdoor Track and Field Participant Manual e-mailed

Friday, May 5, 2017

Official Travel Party Form (page 21) due to the Conference office Participant Gift Form (page 22) due to the Conference office

Wednesday, May 10, 2017

On-line entry of names per event due by 6 p.m. to DirectAthletics.com

Thursday, May 11, 2017

Head coach receives a list of his/her entries for review by 10 a.m. Coaches will have until 2 p.m. to make changes to declarations ALL ENTRIES FINAL – 2 p.m.

Thursday, May 11, 2017

Descending Order Lists e-mailed to head coaches after 2 p.m.

Thursday, May 11, 2017

5:00 p.m. - 8:00 p.m. Facility available for practice
6:00 p.m. Coaches Meeting, Packet Pick Up
Tad Gormley Stadium Press Box

Friday, May 12, 2017

7:30 a.m. Facility available for combined event warm-up 9:30 a.m. Day 1 competition begins

Saturday, May 13, 2017

7:00 a.m. Facility available for combined warm-up 9:00 a.m. Day 2 competition begins

Sunday, May 14, 2017

8:00 a.m. Facility available for warm-up 10:00 a.m. Day 3 competition begins Awards ceremony to follow

Tuesday, May 16, 2017

Noon -- Award Nomination forms (pages 19-20) due to the Conference office.

Wednesday, May 17, 2017

Southland Conference Outdoor Track and Field awards ballots due with press release to follow.

ADMISSION

(Seating is general admission)

(Seating 15 general admission)		
All Session (3 Days) Meet Pricing	Price	
Adult	\$20.00	
Youth 6-17 Years Old	\$10.00	
Southland Conference Student (with ID)	Free	
Children 5 and under	Free	
Single Day Pricing	Price	
Adult	\$10.00	
Youth 6-17 Years Old	\$5.00	
Southland Conference Student (with ID)	Free	
Children 5 and under	Free	
Items restricted from Tad Gormley Stadium:		
Smoking/Tobacco use, Outside Food or Drink (sealed bottle water exception: Pets unless clearly marked service animals	l per person)	

Gates will open one hour prior to first event each day.

Awards

The Conference Outdoor Track and Field Championship awards shall be:

- (1) One (1) Men's Championship trophy; one (1) Men's Runner-Up trophy;
- (2) One (1) Women's Championship trophy; one (1) Women's Runner-up trophy;
- (3) Gold, silver and bronze medals to be awarded, respectively, to the first three (3) finishers in each individual, relay and field event;
- (4) Plaques for the high point male and female athletes of the outdoor championship;
- (5) Certificates awarded to the first, second and third place finishers for earning All-Conference honors.

The Conference Outdoor Track and Field All-Conference awards shall be:

- (1) Plaques for the Outstanding Male and Female Running Event Athlete and the Outstanding Male and Female Field Event Athlete, as selected by a vote of the head track and field coaches;
- (2) Plaques for the Male and Female Outdoor Track Athlete of the Year, Male and Female Freshman of the Year, Male and Female Newcomer of the year as selected by a vote of the head track and field coaches;
- (3) One (1) Men's Leon Johnson Coach of the Year trophy, as selected by a vote of the head track and field coaches;
- (4) One (1) Women's Coach of the Year trophy, as selected by a vote of the head track and field coaches.

Event awards will be presented immediately following each event unless upheld by protest. The top three (3) individuals will be escorted immediately to the awards area upon completion of their event.

Championship Dates

The Southland Conference Men's and Women's Outdoor Track and Field Championship shall be held May 12-14, at Tag Gormley Stadium in City Park, hosted by the University of New Orleans.

Championship Director

The Championship Director shall oversee the following areas:

- (1) Championship site coordination (e.g. announcers, ushers, security, parking, hospitality areas and event personnel).
- (2) Sports medicine provisions.
- (3) Coordination of the promotional and planning activities of all aspects of the Outdoor Championship.
- (4) Provision and dissemination of information relative to the Outdoor Championship.
- (5) Administration of the needs of the contestants, officials and spectators and all technical details of the Outdoor Championship within the rules of the Southland Conference and the NCAA.

Coaches' Meeting

The head coaches' meeting (page 18) will be held on Thursday, May 11, at 6:00 p.m. The meeting will be held in the Tad Gormley Stadium Press Box.

Credentials

The host shall issue appropriate credentials to officials, championship personnel, institutional personnel and media. Student-athletes are required to show their competitor number in order to gain entry to the stadium. Entry to the competitive area will be restricted to authorized personnel only. This policy shall be strictly enforced.

Coaches will be issued credentials at the coaches' meeting on Thursday evening.

No coach shall be allowed in the area of competition, under penalty of disqualification, except to consult with the Meet Referee.

Dressing Facilities

NO DRESSING FACILITIES AT THE TRACK STADIUM

Officials' Coordinator

The host institution shall identify a person to serve as Officials' Coordinator. This person will be charged with hiring, assigning and overseeing officials for the championship. The coordinator and officials will be compensated by the Conference with a limited number of hotel rooms provided for housing officials. The coordinator and officials are responsible for administration of the championship, enforcing rules set forth by the NCAA, and the safety of all involved with the event.

Entry Procedures

Below are details related to entering and declaring student-athletes for the Outdoor Championship.

- 1. Each participating institution shall be limited to a maximum of 32 men's and 32 women's student-athletes entered into the Outdoor Championship. At no time can the entry total exceed 32 with the intention of scratching down. There shall be no entry standards per event, and no limitation on the number of events participating student-athletes may enter.
- 2. All student-athletes, including relay personnel, **must be declared by 6 p.m. on Wednesday, May 10, 2017.** Performance marks for the event will be based upon the "best" seasonal mark, per NCAA guidelines, found on the Track and Field Results Reporting System (TFFRS). Entries must be completed through the Direct Athletics (<u>www.directathletics.com</u>) web page. Entry procedures will be managed by Byron Turner of AdkinsTrak Timing Associates.
- 3. Coach receives his/her entries by 10 a.m. on Thursday, May 11.
- 4. Deadline for entry changes or additions at 2 p.m. on Thursday, May 11. E-mail all changes to <u>info@redstixtiming.com</u> AND <u>bludlow@southland.org</u>.
- 5. All entries final: 2 p.m., Thursday, May 11.
- 6. Descending order lists will be e-mailed to head coaches after 2 p.m. on Thursday, May 11.
- 7. Scratches will take place during the Outdoor Championship administrative meeting, scheduled for 6 p.m. on Thursday, May 11.
- 8. Final heat sheets and descending order lists will be published at www.adkinstrak.com and www.southland.org after the head coaches meeting.

If you encounter problems during the entry process, call Byron Turner at (225) 892-3489 for technical assistance. If you have any other questions, please contact Bruce Ludlow at (972) 422-9500, ext. 106 or (214) 394-7522.

Relay personnel cards must be turned in to the Clerk of the Course fifteen (15) minutes prior to the start of the race. Any eligible and declared member of the track and field team shall be allowed to participate in the relay races.

Heating and flighting shall be accomplished in accordance with the guidelines set forth in the NCAA Track and Field Rules Book. Heating and flighting shall be reviewed during the head coaches' teleconference and meeting.

Failure to Participate

Competitors or relay teams must participate in the trials and/or finals of all events in which they are declared. Such participation is also required in subsequent rounds as a result of qualifying, or when participation is a criterion for entry in a subsequent meet.

Participation is the expectation that a competitor start the athletic challenge requirements of the event, according to the rules of the event. Qualification to the next round of an event is, in itself, satisfaction of participation.

A failure to participate is considered an assumption that the competitor in violation has abandoned the competition and, therefore, shall be barred from all remaining events in the current meet. Specifically, only failure to appear or check in disqualifies participant from other events.

The Meet Referee, upon proper protest, based upon all authorized evidence and with consideration given to circumstances beyond the control of the competitor, including medical, shall determine whether the circumstances clearly demonstrate that a violation of this rule has occurred. This rule shall not preclude the creation of additional restrictions published in handbooks and manuals by conferences or championships games committees. (NCAA Rules Book, pg. 63)

Field Event Warm-Up and Check-In Procedures

Field event athletes must report directly to their event site and check-in with officials 45 minutes prior to the start of their event. Officials will restrict warm-ups according to general and flight specific warm-up procedures.

Fully Automatic Timing

Fully automatic timing and photographs shall provide the official results for all track events. Times will be recorded officially to 1/100 of a second. A minimum of two (2) fully automatic timing devices shall be used on all races. Flash Results will be providing their services for timing the Outdoor Championship.

Official photographs under protest will be viewed by the Meet Referee. The coach involved in the protest may view the photograph.

Games Committee

The Games Committee shall consist of the Conference head track and field coaches and the Conference Championship Director. A majority vote is required for actions or recommendations by the Committee. The Conference Commissioner or his designated representative shall not vote on issues unless there is a tie in the Games Committee voting.

The primary function of the Games Committee shall be to give specialized assistance and guidance to the Director of Championships should questions and problems arise during the conduct of the Outdoor Championship where authority for resolution of such problems is not covered by the Southland Conference Operating Code or the NCAA Track and Field Rules Book.

Heating Procedures

Heating and seeding for preliminary races and all field events shall be done according to the procedures described in the NCAA Track and Field Rules Book, except as may be noted in the Southland Conference Operating Code. Lane assignments will not be altered after they have been confirmed. If all lanes are filled and one athlete scratches, that lane shall remain vacant, except as stated below.

Only runners who have a time for the event in which they have been entered, or a time for a like or imperial distance can be seeded. Coaches may petition to the Games Committee regarding an athlete's position on the seeded list of any running event. The Games Committee will, by majority vote, determine the proper seeding place. If heats scratch down resulting in a heat with no competition, heats shall be redrawn.

Hospitality

Coaches will be issued credentials at the coaches' meeting on Thursday evening. These credentials will allow access to the hospitality room located in the Visiting Team Locker Room located in the northwest portion of the stadium. You MUST have your credential with you for access to the hospitality room. Beverages will be available continuously throughout all three days of the competition. Meals will be served at the following times:

Friday	Lunch	11:00 a.m 1:00 p.m.
•	Dinner	5:00 p.m 7:00 p.m.
Saturday	Lunch	11:00 a.m. – 1:00 p.m.
-	Dinner	6:00 p.m. – 8:00 p.m.
Sunday	Lunch	11:00 a.m. – 1:00 p.m.

Inclement Weather Policy

In the event of inclement weather or a disaster of any kind, as it is determined by Championship Director and Host Meet Management Personnel, the following plan has been established should it be necessary to evacuate the competition venue:

All student-athletes/coaches/trainers from the competing institutions will be evacuated to team buses/transportation.

All meet and championship officials will also be directed to the hospitality rooms inside Tad Gormley Stadium. All fans/patrons will be directed to their vehicles.

Following NCAA protocol, we will be using an online lightning detection and weather monitoring system. Once lightning enters the 30 mile radius of competition, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. We will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

Meet management will update all participants and spectators by loudspeaker, internet, and twitter updates.

Infield Access

Coaches will be allowed on the infield during the combined events; however, this area should not be used as an athlete congregation point and attention should be given to other athletes using the area to warm-up for their events. Coaches must remain outside the track except during the combined events. No tents, team camps, spectators, or warm ups will be allowed on the infield. All other warmups only permitted on the warmup track across Roosevelt Drive.

Team Areas

Tents and team camps are allowed at the top rows of the bleachers inside Tad Gormley Stadium.

Inspectors

There shall be two (2) to four (4) inspectors assigned to each turn. Two (2) inspectors shall be located inside the track and two (2) shall be located outside the track. Two (2) inspectors shall judge each straight away, plus a minimum of four (4) others shall judge the relay exchange zone. One (1) inspector shall be located at the break point in races not run in lanes for the entire race.

The inspectors shall officiate the straight away races divided evenly between the ends and the sides.

The head inspector shall be stationed with the judges and timers.

Jump Boards/Vaults

East runway Length: 70 meters

Long Jump Board: 3 meters

Triple Jump Board: 10.5 meters (1st)

13.5 meters (2nd)

Pit Dimensions: 9 meters X 3 meters

West Pole Vault runway Length: 42 meters

Officials

The Meet Referee, inspectors and declaration official will remain at the Outdoor Championship site thirty (30) minutes after the final results are announced or until dismissed by the Championship Director. During the competition, the seeding and heating responsibilities shall be assumed by the Declaration Official and his/her assistants.

Order of Events

The order of events shall follow the schedule listed in the NCAA Track and Field Rules Book, with the exception of the schedule revisions agreed upon by the coaches. The meet will be conducted over a three-day period, with the 10,000 meter, heptathlon and decathlon to be conducted over the first two days.

Parking

See map on page 25.

Participant Gifts

Participant gifts (page 22) will be provided to those eligible and participating studentathletes who have not received a participant gift earlier in the year at either the Cross Country Championship or the Indoor Track and Field Championship in which they were a participant.

Practice Schedule

Thursday, May 11:

The track and field event warm-up areas will be open from 5:00-8:00 p.m.

Friday, May 12:

The track and field event warm-up areas will open at 7:30 a.m. for combined event participants. The track will open for all other competitors upon the conclusion of the combined events.

Saturday, May 13:

The track and field event warm-up areas will open at 7:00 a.m.

Sunday, May 14:

The track and field event areas will open at 8:00 a.m.

Protests

Protests relating to matters that develop during the conduct of the Outdoor Championship should be made at once and no later than thirty (30) minutes after the results have become official.

Any such protest must be made in writing by the head coach with the protest form submitted to the Meet Referee, who will render a decision.

Results

All event results will be posted during the competition.

In addition, meet results packets shall be available to the coaches and media as soon as possible at the conclusion of each competition day. Results also will be posted at www.southland.org.

Rules

All rules and procedures not covered in this Participant Manual or the Southland Conference Operating Code shall be subject to the rules and procedures of the NCAA Track and Field Rules Book.

No rule shall be changed in reference to events in the meet for a period of one (1) year unless it is required to be changed by the NCAA or is changed because the NCAA changes the events sponsored at the National Championship.

Running Event Warm-up and Check-in Procedures

Running event warmups will be done on the warmup track, north of the Tad Gormley Stadium. No warmups permitted on the competition track. Athletes must check-in at the CLERKING TENT at the northeast side of the stadium. Athletes will receive their hip numbers and lane assignments at the CLERKING TENT. Track Athletes must check-in and receive their hip numbers 30 minutes prior to their events. **Ten (10) Minutes** prior to track event; all competitors in an event will be ushered to the in-field clerking area located on the South end of the track. The competitors will be allowed to complete final warm-ups on the infield. Calls will be made prior to each event; however, it is the **athlete's responsibility** to check in at the proper time. No one other than athletes in their final warm-ups will be allowed on the infield of the track.

Scoring

NCAA rules on scoring shall be followed. The Outdoor Championship shall be scored to eight (8) places for both track and field events. The value of first through eighth place shall be as follows:

10-8-6-5-4-3-2-1

Scoring shall be the same for individual and relay events.

Ties in team and individual competition at the Outdoor Championship shall stand, unless specifically addressed in the NCAA Track and Field Rules Book.

Sports Medicine Information

Ambulance

An ambulance will be on site during the practice round and all competitions.

Athletic Training/Medical Information

The host medical area is located at the West Side of the practice field/track.

Athletic training facilities will be available for the competing institutions before, during, and after all practices and events. Access to these facilities at other times will be by arrangement with the host school athletic training staff.

If a certified athletic trainer cannot travel with your team, then a letter stating any treatments that should be performed on their student-athlete(s) should be provided and signed by the certified athletic trainer.

Please contact the host athletic training staff if any services are necessary.

Each day, ice and other first aid items will be available. In the event a modality is needed, prior request should be made with the host sports medicine staff.

Ice baths will be available at Tad Gormley Stadium at the Medical Tent area.

Championship Medical Contacts

Rebecca Younger, Med, ATC	Pete Aune , MS, ATC, LAT
Head Athletic Trainer	Assistant Athletic Trainer
Office: (504) 280-7028	(989) 619-0591

Concussion Management / Hospitals and Emergency Services

Dr Andrew Gottschalk	Ochsner Medical Center
1201 S. Clearview Parkway	Emergency Department
Jefferson, LA 70121	1514 Jefferson Hwy, Jefferson, LA 70121
Phone: 504-736-4800	Phone: (866) 624-7637

Track, Competitive Area and Competitive Equipment

The track, competitive area and competitive equipment shall meet all NCAA specifications. It shall be the responsibility of the officials to oversee and maintain the areas and equipment.

Cups of water will be made available to all runners during the 10,000 meter races.

Preferred lanes will be 4-5-3-6-2-7-8-1.

Uniforms

Each institution's athletes shall wear only the university's official equipment (warm-ups, competition equipment) as outlined in the Conference Operating Code and in the NCAA Track and Field Rules Book. When engaged in competition, each competitor must wear an official team uniform or be disqualified. If an athlete is in violation of this rule, an official will give one (1) warning to both the coach and the athlete. If the correction is not made, the athlete in violation will be disqualified by the Meet Referee from all remaining events. Any points made by the athlete in question before the disqualification shall stand.

Bare midriff tops are not acceptable. The uniform top must meet or hang below the waist band when the competitor is standing.

An institution's official uniform and all other items of apparel that are worn by studentathletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2 1/4 square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo.

All uniforms must include a Southland Conference logo patch.

Weights and Implements

Implement weigh-in will be open at the following times only. Any implement not weighed in according to the following schedule will not be allowed into the competition. Any implement brought to the weigh-in area less than 1.5 hours prior to its scheduled competition will not be allowed. Implement weigh-in will be located inside the steel building at north end of the track.

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Thursday, May 11 5:00 p.m. – 8:00 p.m.
Friday, May 12 8:00 a.m. – 4:00 p.m.
Saturday, May 13 8:00 a.m. – 4:30 p.m.
Sunday, May 14 8:00 a.m. - 11:30 a.m.
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Spikes

A maximum of 7mm spike length may be used for all events with the exception of the high jump and javelin. Participants in the high jump and javelin may use spikes up to 9mm in length. (pyramid spikes only; no needles or Christmas trees).



Protest Form

Race:			
Protest:			
Rationale:			
Institution:			
Head Coach:			
Reply:			
1 3			
Referee:			



Relay Card

Race:		University:	
Circle one:	Men	Women	
Athlete			



Relay Card

Race:		University:	
Circle one:	Men	Women	
Athlete			

2017 Southland Conference Outdoor Track and Field Championship Head Coaches Meeting

Thursday, May 11 6:00pm

VIP Suite in the Tad Gormley Stadium Press Box

I.	Review Heat Sheets		
II.	Scratches		
III.	Heptathlon/Decathlon Issues or Questions		
IV.	Field Event Issues or Questions A. Opening Heights 1. Pole Vault 2. High Jump 3. Boards: m/w triple, m/w long		
	B. Warm-up Period		
V.	Running Event Issues or Questions		
VI.	Facility Schedule A. Inclement Weather Shelter		
VII.	Failure to Participate		
VIII.	Coaches in Competition Area		
IX.	Implement Check-In		
X.	Officials		
XI.	Timing Issues or Questions		
XII.	Indoor Championship Schedule		
XIII.	Credentials		
XIV.	Awards - nominations due by Noon on Tuesday		
XV.	Questions		



Outdoor Track and Field Championship

Nomination Form (Male)

Please submit worthy nominations from your team ONLY. *Freshman are not eligible for Newcomer of the Year.

Outstanding Field Events (Male)
Outstanding Running Events (Male)
Freshman of the Year (Male)
Newcomer of the Year (Male)
Athlete of the Year (Male)
Men's Coach of the Year
Person Submitting Ballot
Institution

Please return to the conference office by Noon, Tuesday, May 16. FAX: 972-422-9225 or e-mail Travis Day (tday@southland.org).



Outdoor Track and Field Championship

Nomination Form (Female)

Please submit worthy nominations from your team ONLY. *Freshman are not eligible for Newcomer of the Year.

Outstanding Field Events (Female)	
Outstanding Running Events (Female)	
Freshman of the Year (Female)	
Newcomer of the Year (Female)	-
Athlete of the Year (Female)	-
Women's Coach of the Year	
	===
Person Submitting Ballot	
Institution	

Please return to the conference office by Noon, Tuesday, May 16. FAX: 972-422-9225 or e-mail Travis Day (tday@southland.org).

2017 Outdoor Track and Field Championships Official Travel Party Form

INSTITUTION: _			

The official travel party of each team must be submitted to the Conference office.

For credentialing purposes, please list all essential team personnel requiring a credential to enter the event.

The official travel party of each team must be submitted to the Conference office prior to 5 noon on Friday, May 5, 2017.

List each name of travel party and place an "x" in the appropriate participant box

Name	Administrator	Coach	Sports Medicine	Manager
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				
11)				
12)				

SOUTHLAND CONFERENCE FAX NUMBER: (972) 422-9225

2017 Outdoor Track and Field Championships Participant Gift Form

INSTITUTION:	

The participant gift form must be submitted to the Conference office prior to noon on Friday, May 5, 2017. Fax: (972) 422-9225

ONLY eligible student-athletes participating in the Outdoor Championship and listed on this form will receive a participant gift. Student-Athletes that received a participant gift at the Cross Country Championship or the Indoor Track and Field Championship should not be included on this list.

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TAD GORMLEY STADIUM

Tad Gormley Stadium is a 26,500 seat multi-purpose outdoor stadium, located in City Park, in New Orleans, Louisiana, named for Frank "Tad" Gormley. The stadium is home to the University of New Orleans Privateers men's and women's track teams. The stadium features Game Day Grass MT from AstroTurf, a 400-meter all-weather track, three locker rooms, a press box seating 110, and press suite seating for 40.

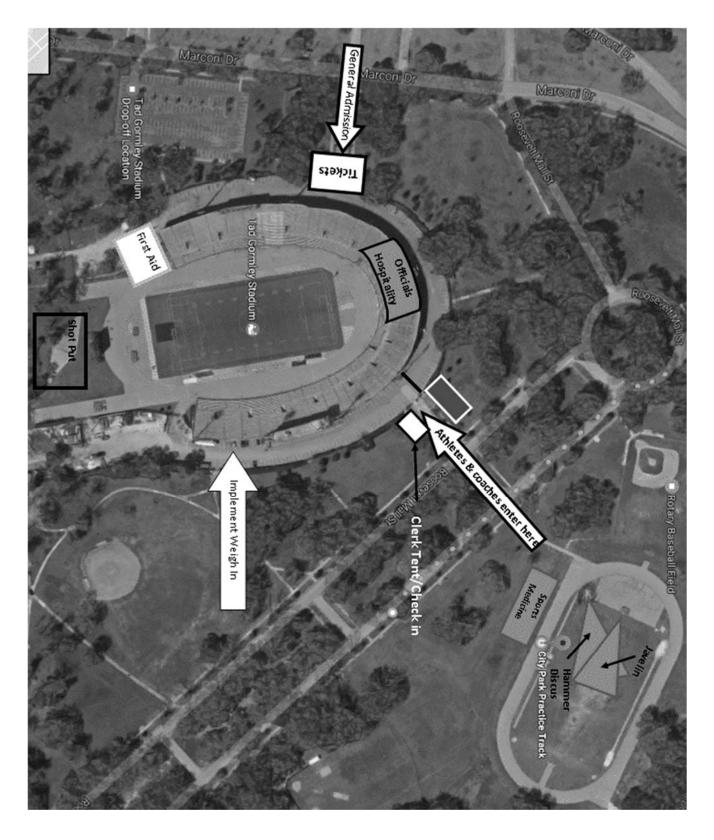
Tad Gormley Stadium was built in 1937 by the Works Progress Administration (WPA) during the Great Depression. It played host to the 1992 U.S. Olympic Track & Field Trials for the 1992 Summer Olympic Games held in Barcelona, Spain. The University of New Orleans Privateers' club football team played in the stadium from 1965-1968 and again from 2008-2011. The stadium was also home to the New Orleans Pelicans (baseball) team from 1958-1959, after the closing of Pelican Stadium in 1957. The New Orleans Riverboat Gamblers of the USL A-League played in the stadium from 1996-1997.

In 2005, Hurricane Katrina flooded the stadium, along with parts of New Orleans. It remained structurally sound, but required major repairs to the electrical and plumbing systems along with the playing field. In 2006, running back Reggie Bush was drafted by the New Orleans Saints. He donated over \$80,000 to repair the playing field. In acknowledgement of his generosity, Tad Gormley Stadium's playing field was renamed Reggie Bush Field.

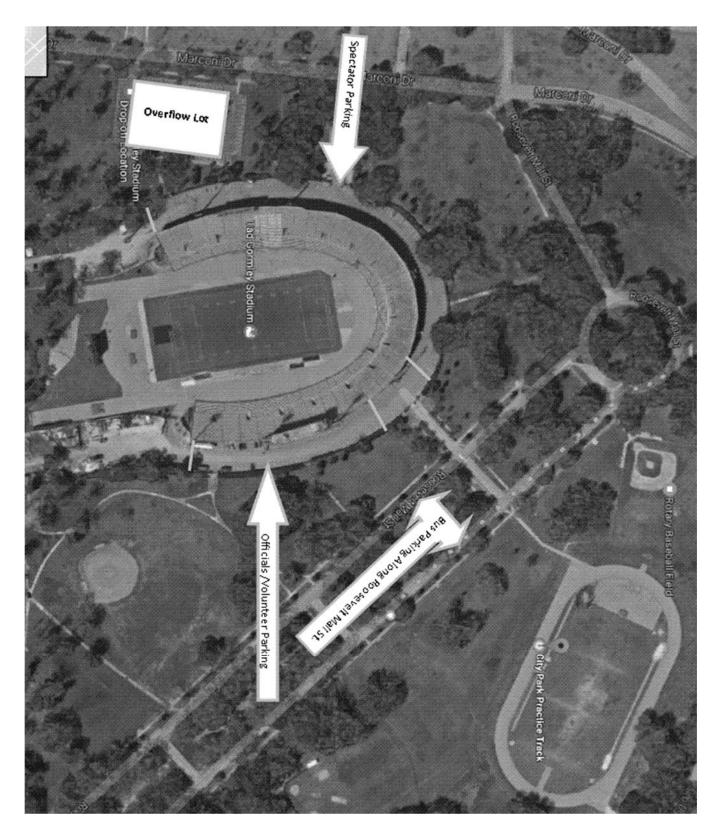
Tad Gormley stadium has also hosted concerts by many famous artists, including The Beatles, Pearl Jam, Journey, and Rage Against the Machine, among others.



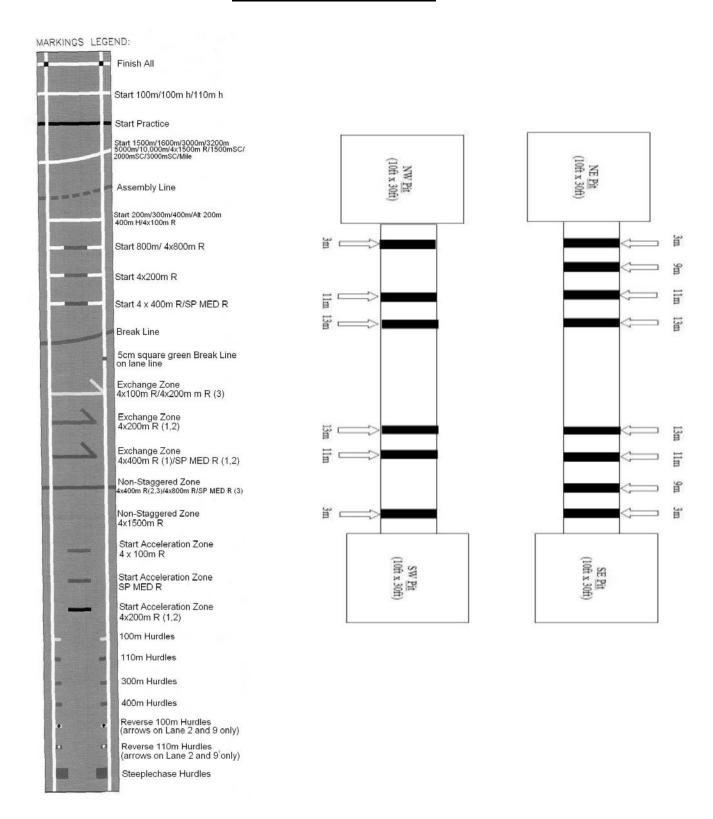
Facility Diagram



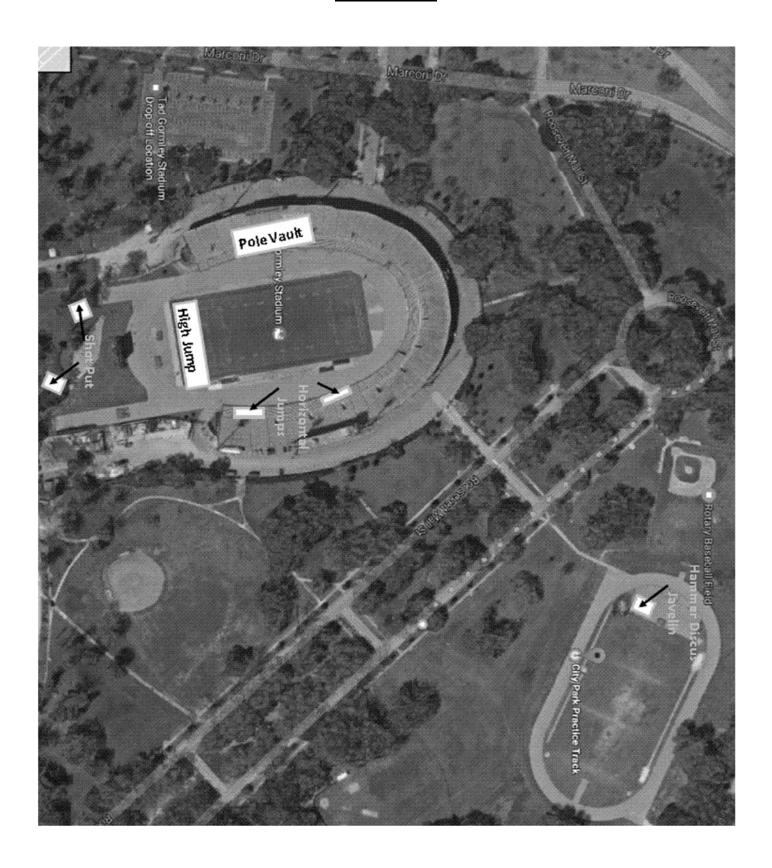
Parking Diagram



Track Markings, Board Lengths



Coaches' Boxes





Established 1963

"The Southland Conference serves to unite its members in celebrating academic success, achieving competitive excellence, promoting positive values and developing community relationships within a framework of efficiency, integrity, and personal dignity."

